

In the Claims:

1. (Currently Amended) A composition suitable for human consumption comprising:
a dietary acceptable amount of a first soluble fiber of inulin; and
a dietary acceptable amount of a second soluble fiber selected from the group
consisting of at least one of -maltodextrin, polydextrose and acacia gum
wherein the composition is a translucent beverage having a viscosity on the order of
1.4 centipoise or less at a pH less than six and wherein a collective amount of the
amount of the first soluble fiber and the second soluble fiber comprises at least 10
percent of the daily amount of dietary fiber.
2. (Original) The composition of claim 1, wherein the dietary acceptable amount of the
first fiber comprises about 0.26 to six percent by weight of a beverage volume.
3. (Currently Amended) The composition of claim 1, wherein the dietary acceptable
amount of the second fiber comprises about 4 to 33 percent by weight of a beverage
volume.
4. (Original) The composition of claim 1, further comprising a dietary acceptable
amount of ascorbic acid.
5. (Cancelled)
6. (Currently Amended) A method comprising:
administering a translucent beverage composition suitable for human consumption
comprising:
a dietary acceptable amount of a first soluble fiber of inulin; and
a dietary acceptable amount of a second soluble fiber selected from the group
consisting of at least one of maltodextrin, polydextrose and acacia gum

wherein the composition has a viscosity on the order of 1.4 cp or less at a pH less
than six and represents a portion of a daily predetermined amount of soluble fiber and

wherein a collective amount of the amount of the first soluble fiber and the second soluble fiber comprises at least 10 percent of the daily amount of dietary fiber.

7. (Original) The method of claim 6, wherein the portion represents less than the daily predetermined amount of soluble fiber.
8. (Original) The method of claim 6, prior to administering, further comprising: preparing the beverage composition from a dry mix by combining with a liquid.
9. (Original) The method of claim 8, wherein the dry mix is combined with water.
10. (Currently Amended) A composition suitable for human consumption comprising in the form of a single strength translucent beverage,
a dietary acceptable amount, up to six percent by weight, of a first soluble fiber of inulin; and
a dietary acceptable amount, up to 33 percent by weight, of a second soluble fiber, selected from the group consisting of at least one of maltodextrin, polydextrose and acacia gum

wherein the composition has a viscosity on the order of 1.4 centipoises or less at a pH of less than six and wherein a collective amount of the amount of the first soluble fiber and the second soluble fiber comprises at least 10 percent of the daily amount of dietary fiber.

11. (Previously Presented) The composition of claim 10, further comprising a dietary acceptable amount of ascorbic acid.
12. (Previously Presented) The composition of claim 10, wherein in a single strength beverage the amount of the first fiber is one-third the amount of the second fiber.